

## Understanding Behavior with the Iceberg

Describe the behavior in observable terms. Describe when, where, with whom...

• What is your idea about your child's behavior & why it's happening?

- Describe what structural components You'd like to implement with your child to help the behavior.
- Describe what new skills you'd like to work on with your child that could help the behavior (think of all previous sessions).

Describe the behavior from the perspective of a person with autism. Consider:

- *Communication*: difficulty understanding and processing, difficulty expressing message/ideas
- Social relatedness: difficulty interacting with others, sharing space & materials
- *Sensory processing:* difficulty processing environment (sounds, sights, etc.)
- *Difficulty with change:* may be rigid or have limited interests
- *Cognitive style:* difficulty organizing and attending to activities; difficulty generalizing skills